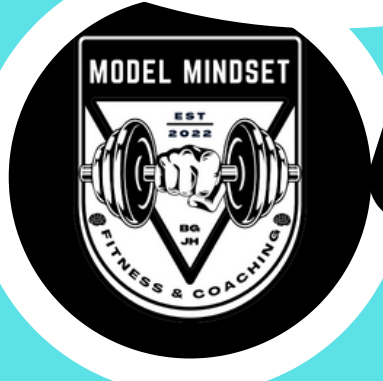




**MODEL MINDSET
FITNESS & COACHING**

**SPEED & AGILITY
SUMMER CAMP**



ADMISSION: \$150

JULY 8-11	JULY 15-18
6-7:30PM	6-7:30PM
AGES 5-9	AGES 10-14

**REGISTER THROUGH
SOMERS REC DEPT!**



**FIELD ROAD PARK
FIELD 7**

ACTIVITIES:

- Plyometrics
- Speed Training
- Agility Training
- Games & Fundamentals

